

# THE WHEELER



## Autumn 2018



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Please send all articles (typed or hand written) and pictures for *The Wheeler* to one of the above contacts. Items will be returned promptly after copying if requested.

**Front cover photo:** By Chris Holt

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## PRESIDENT'S INTRODUCTION

### President's Introduction

**Hello** members

The Club membership remains strong at about 220.

Bill Berry has decided for personal reasons to step down as Chairman, a position he has held for numerous years. I would like to extend my personal, and our collective thanks as a club, to Bill for his admiral hard work on behalf of the club. Bill has been an active and dependable committee member, race official at our time trials and social cyclist, going out to Jules at Weobley most weeks for more years and I am able to remember. He has also been heavily involved in supporting the turbo sessions at Sutton St Nicholas. We are hoping that we can say a formal thank you to Bill at the annual club Dinner and that you as members will come along to express your support and thanks to Bill for all he has done for Hereford & District Wheelers, as well as to celebrate the achievements of our club members over the past season.

I must also sadly record the passing of club member John Lawrence and thank all those who supported his wife and family during the difficult months during his illness and at the funeral. He will be greatly missed.

Turbo Training at Sutton St. Nicholas School starts Thursday 4<sup>th</sup> October. Hopefully this will be well attended again with existing members and some new faces. These sessions are organised by Stu McFarlane with the help of Graeme Thomas. If you are interested in joining in, come along one evening whether you have a turbo or not, (a club turbo could be available) and get a feel for what is involved. Once you have your own turbo, training in the winter could not be cheaper with an opportunity to stay dry! Entry is still only £2 with free Tea, coffee and biscuits. We are hoping there will be the usual visits from the massage students from the college. Every 6 weeks there is a 20 minutes threshold test to check on your individual fitness level/ improvement and at Christmas you get the chance to do a 10 mile Time Trial for a Secret Santa prize. Sessions are every week till Christmas and afterwards until end of March. Check on the Wheelers website for more details.

As the 25 mile TT at Leominster was the last race of the season could I please ask Prize winners to **return their trophies to me ASAP** ready for the Prize Presentations at our forthcoming Club Dinner on Friday, 24<sup>th</sup> November. The venue this year is MFA Bowl, Station Approach. Our guest of honour this year will be recently-retired former National Track Champion Becky James, who lives in Abergavenny. Becky has enjoyed a short but distinguished professional cycling career. So please come along to congratulate our winners and, if you are not a winner, a chance to catch up with other club members and recount the seasons ups and downs.

Also remember the Quiz and Chips night at the Rowing Club on Wednesday, 17<sup>th</sup> October. This was a fabulously fun evening last year and very busy so get in early with

Valerie.

The Sunday Winter Training Rides (0915hrs) starting Sunday 14th October will be lead by Mick Cumbes, Ray Mobbs and Dean Prosser. At least one of them will be there each week to keep you motivated. Please arrive at 'Steels' ready for a steady 40-60 mile training ride.

If you consider this too energetic the Brisk Club ride (0930hrs) lead by Andy Hurrell, maybe of interest to you [always a good coffee stop included].

The club has other rides you may wish to participate in:

- Wednesday Wheeler's ride [meeting at Jules Cafe at Weobley [for coffee and cakes at 10am]
- Friday Wheelers ride to Ewyas Harold; 9.30am start from the Great Western Way Railway Bridge
- Easy rides [one a month during the winter, fortnightly in the summer]

The selection of rides and groups available to club members is varied so please take up the opportunity to ride, socialise and eat cake! See website for more details

[www.herefordwheelers.com](http://www.herefordwheelers.com).

## Happy Cycling.

*Chris Hughes,*  
President

## COMMITTEE PROFILES

### Chris Hughes – President and Time Trial Secretary:

My role in the Wheelers club is as one of actively participating in cycling time trials, social rides and a Committee member. I have attended monthly committee meetings as **President** of the club and participated in discussions and decisions made by the committee as a whole. I have written articles entitled 'President's Piece' for the Wheeler magazine each quarter since the magazine started in 2006 and at social occasions have made brief announcements at club events; i.e. 90<sup>th</sup> Birthday Celebrations. ***This is a role I no longer feel able to fulfil and hope that my successor carries the club on to ever more success.***

My main role is **Time Trial Secretary** and encompasses the following:

- Collate result of each Time Trial event ready for website etc
- Collate Club Points Competition League
- Annually organise Race calendar meeting for race committee to decide the Race Programme for the following year
- Organise collection of Trophies for engraving
- Hold all un-presented trophies, shields and cups

- Liaison with CTT and Police covering Wheelers TT races
- On-going checks to ensure TT courses are available each week – clear of road works etc
- ‘Open 25’ co-ordinator – this is a very time consuming role
- ‘Come and Try it’ co-ordinator

I would wish to carry this role on if I have the support of the members at the AGM.

**Clive Walker – Hon Secretary:** I deal with the Club correspondence i.e. completing registration/renewal of affiliations to Cycling UK and British Cycling, also with new membership enquiries. I am the point of contact for other general enquiries.

I ensure those applying to join the Club receive a Welcome Letter and copy of the club handbook. I liaise with the Club Treasurer to hand over cheques and banker's order forms.

Prior to the monthly committee meetings, I circulate the Agenda that is compiled by the Chairman. During meetings I record Minutes/Actions, which I subsequently type up for the Chairman to approve, before circulating them to committee members.

Similarly, at the AGM I am responsible for the Minutes of the meeting and compiling the Secretary's Report, which is a brief summary of club activities throughout the year

**Chairman of Hereford Wheelers:** Chairs the club committee meetings and liaises with the club officials to ensure the smooth and efficient running of the club. Also maintains an overview of the club's activities. The Chairman is generally involved in club activities and events. ***A volunteer is required to take on this position at the AGM.***

**Andy Hurrell – Treasurer:** I have taken over the role of Club Treasurer this year, which includes banking all receipts, payment of expenses and preparation of the accounts for the AGM. I also maintain the membership list.

I compile the annual programme of Brisk Clubruns and lead them most Sundays. With Valerie was responsible for getting the Easy Rides up and running.

**Valerie Hurrell – Social Secretary:** I organise the club's annual Dinner and Prize Presentation and Quiz and Chips Evening. I provide refreshments at evening time trials and turbo sessions. Andy and I assisted Graeme Thomas with domestic arrangements and catering for the club's new reliability ride in February. I organised Dave Unsworth's eightieth birthday celebration and rides. I was a member of the group who organised the club's ninetieth anniversary celebration and rides.

I send out emails to members on behalf of the club and I oversee the club's Members Facebook page, along with Andy. I am also an Admin for the club's open Facebook page.

In addition to being on the committee, I was a member of the sub-committee that dealt with sourcing and introducing the club's new kit. I hold the club's supply of remaining old-style kit and have been responsible for sales.

**Dean Prosser – Committee Member:** I joined the committee last year. I have been a

member of the group responsible for implementing the new club clothing and am coordinator for new orders going forward.

I am co-leader of the Wheelers' training rides and am an active member of the club, racing as many time trials and hill climbs as possible. I am also an Admin for the club's open Facebook page.

**Chris Holt – Webmaster and Committee Member:** I maintain the Hereford Wheelers' website, this includes updates of the database back end (Joomla and PHP MYSQL database) and updates of the visible front end (photos, TT results page, forthcoming events calendar etc) and also update and maintain other downloadable items, such as the club handbook. I produce Excel TT results pages when TT Secretary is absent. As part of the editorial team for the Wheeler magazine, I help to collate the finished magazine, which can be found on the website.

**Mark Montez – Committee Member:** I am a new member to the committee. This year I have been responsible for the Wheelers Easy Rides assisted by my wife Julie. I have helped out with the Club's 90th Birthday celebrations and Dave Unsworth's 80th Birthday Ride. On August Bank Holiday Julie and I attended Madley Plant Centre with a display promoting the Wheelers and the benefits of cycling.

**Sue Hughes – Committee Member:** I have been a Wheeler for over 25 years and have served on the committee on two occasions. I attend the monthly meetings and contribute to discussions and decisions made by the committee. I participate in and support club social activities such as the 90<sup>th</sup> Birthday by helping out in the kitchen and making cakes, namely scones, and especially for the Open 25 on Easter Monday.

**Jim Dicken – Committee Member:** I have been a committee member for many years, having previously filled the roles of mountain bike secretary, general secretary and chairman. I also looked after the acquisition of club clothing for a number of years. I am currently acting chairman until the end of this year.

**Jon Tetley - Committee Member:** Jon devised the route for the 90 mile route for the Wheelers 90<sup>th</sup> Anniversary Rides.

## ARTICLES

### **Hereford Wheelers' 90<sup>th</sup> Anniversary Events – 1928 – 2018 Dinner and Prize Presentation Friday 30<sup>th</sup> November**

To commemorate and celebrate Hereford Wheelers' 90<sup>th</sup> anniversary, we are holding the annual Dinner and Prize Presentation in the spacious function suite at MFA Bowl, Station Approach, Hereford. Our guest of honour this year will be recently-retired former National Track Champion Becky James, who lives in Abergavenny. Becky has enjoyed a short but distinguished professional cycling career:

We have taken a leaf from Hereford Triathlon Club's book and as well as using their favoured venue, we are also using their excellent outside caterers, who will be providing two curries and a chilli:

Chicken and Spinach Balti

Sweet Potato and Black Bean Caribbean Curry (v)

Basmati Rice

Naan Bread

Poppadoms with mango chutney, yoghurt and mint, spicy chilli chutney

Meat Chilli, with tortilla chips, sour cream and salsa

***YOU WILL ONLY NEED TO SPECIFY YOUR FOOD CHOICE IF YOU WANT THE VEGETARIAN OPTION.***

The price of the meal will be only £5.00 per head and will be subsidised by the club. The venue seats 120 people, so please make sure to keep the date free and bring along your family and cycling friends from other local clubs. Please help to make this a successful and memorable event in Hereford Wheelers' 90<sup>th</sup> year.

Tickets are available from Valerie Hurrell from 1<sup>st</sup> October – [evahurrell@aol.com](mailto:evahurrell@aol.com)  
07599314155 or by bank transfer to club a/c no: 00198014 sort code: 30-94-14

## **QUESTION A MEMBER**

This edition's questionnaire is by Chris Holt, sportive and TT cyclist, member of the Hereford Wheelers.

WHERE WERE YOU BORN? I was born in Hereford in 1970.

WHEN DID YOU START CYCLING AND WHY? I have been cycling since a youth but only started competitive cycling in the last 8 years. At school it was all rugby, I suppose the trigger for me getting into cycling recently was watching the national championship in Abergavenny when Kristian House won. (2009)

WHAT WAS YOUR FIRST BIKE? First bike I can remember would have been a Raleigh Budgie (this is a smaller version of the iconic Raleigh Copper) my older brother had a Raleigh Chopper.

WHEN DID YOU JOIN THE WHEELERS? April 2010.

WHAT IS YOUR BEST CYCLING MEMORY? My first real solo ride from Hereford to Ystradgynlais (to visit my Nan and Granddad) and back the next day, I would have been about 15 and don't think I even took a puncher repair kit with me, no mobile phones for kids back then (those carefree, traffic free days).

WHAT WAS YOUR BEST CYCLING PERFORMANCE/RIDE? I tell myself my best performance is yet to come (this helps me keep motivated through the winter months)



yet to be proved true. My most challenging non-competitive ride would have been the now discontinued Tour of the Black Mountains sportive; the long ride had over 13,000ft of ascent (hard for the heavier no climbing cyclist i.e. Me) and was a day of purgatory but very rewarding when finished. Most memorable race was the criterium races at Aberystwyth, hard but fun on closed road city centre circuit.



**WHY DO YOU ENJOY CYCLING?** Sometimes it is the challenge of pushing myself to the limit of my capabilities and yet it also it can be the exact opposite a ride at a slow pace in the countryside both I suppose give me a form of escapism from the humdrum of modern life.

**HOW OFTEN DO YOU RIDE?** I try to get on the bike 6 days a week, be it on the turbo or out in the countryside.

**WHAT BIKE(S) DO YOU CURRENTLY OWN?** Boardman team carbon my everyday bike, Cannondale Slice TT bike.

**WHICH IS YOUR FAVOURITE BIKE AND WHY?** My favourite bike was a hand built Bob Griffin handed down to me from my brother, had some special times with that bike, but that bike is long gone.

**WHAT IS YOUR FAVOURITE RIDE?** I love to do sportives and try to do 5 to 6 a year, always the epic distance.

**WHAT IS YOUR FAVOURITE POST RIDE MEAL?** After a long ride or hard sportive I find it difficult to eat anything, but after my appetite returns I love a barbeque.

**WHAT DO YOU CONSIDER TO BE THE BEST CYCLING INNOVATION IN THE**



LAST 30 YEARS? I don't know about in the last 30 years but for me in the modern times it has to be the online interactive virtual reality training like Zwift, I can spend hours on the turbo without being board out of my mind.

WHO IS YOUR CYCLING HERO? Geraint Thomas, It's nice to see what he can do when he doesn't fall off his bike.

DO YOU HAVE ANY HOBBIES? Photography when I have time.

HOW WOULD YOU IMPROVE HEREFORD WHEELERS AS A CLUB? I would love to see some road racing and/or criterium events, but this takes more time and effort to run and volunteers are hard to find to run the events.

## Café News

### Café News – Autumn 2018

As ever a number of cafes have opened over the last year or so and some old favourites have closed their doors. Below is a selection of changes that come to mind. Please let me know if you are aware of any others.

#### Additions

**The Cattle Shed – Penrhos Court** on the A44 between Kington and Lyonshall. Valerie and I called in here on a mid-week ride in the summer. They had a good selection of cakes and we were made to feel very welcome. I think we'll use this café on the next occasion that the brisk clubrun heads to Kington. There is a website for the holiday cottages at Penrhos Court but there are no details of the café.

**Peterchurch Hub Café** – Sue Bissell told us about this one as she delivers library books to the library in the church tower. The café is in the main church and is volunteer run so the refreshments are very good value. Open Tuesday to Friday, 11am to 2pm. [www.hubcommunity.org](http://www.hubcommunity.org)



**Ludlow – Ludlow Brewery** (near the railway station) has a café area with tea, coffee and a fairly limited choice of cakes. The hot sausage rolls and meat pies look good! Monday – Thursday 10 – 5, Friday 10 – 6, Saturday 10 – 5, Sunday 11 – 4  
[www.theludlowbrewingcompany.co.uk](http://www.theludlowbrewingcompany.co.uk)

**Kingsland – Village Shop & Post Office.** This has become a firm favourite if we are heading north for a mid-week ride. The café is open Monday – Friday 9 – 5, Saturday 9 – 3ish. Not open Sundays. They don't seem to have a website but look for Kingsland Shop on Facebook.

**Yarpole – Gallery Café in St Leonards Church.** We are spoilt for choice in the north of Herefordshire! This café and shop has been open for a few years but we have only recently visited. As its name suggests it's in a gallery over the shop in the rear section of the church. Monday to Saturday mornings 10.30 – 12.30. <http://www.yarpole.com/index.php/gallery-cafe>

### **Closures**

**Ledbury – Countrywide Stores.** With the demise of Countrywide Stores we have lost one of our favourite winter stops. It was useful as we could get there on the A438 which is gripped in icy conditions.

**Huntley Garden Centre (A40).** The ride to Huntley skirted the Forest of Dean and took us round May Hill so it's a shame to lose this one.

### **Hereford Wheelers Café List**

Take a look at the Café List on the Wheelers website which is updated a couple of times each year.

*Andy Hurrell*

## **NOTICES**

### **Hereford Wheelers Quiz & Chips Evening**

**Wednesday 17<sup>th</sup> October 7.30pm at Hereford Rowing Club**

All welcome; bring own cutlery & condiments.

Use of Rowing Club bar.

Meal choices & payment by 9th October please. Cheques payable to HW to Valerie

Hurrell [evahurrell@aol.com](mailto:evahurrell@aol.com) – 07599314155 or by bank transfer to club a/c

no:00198014 sort code: 30-94-14



Teams of 6; make up your own team or join a team on the night.  
If you intend taking part, but are not eating, please advise the organiser.

Item	Cost
Cod & Chips	£5.40
Chicken & Chips	£4.60
Sausage & Chips	£3.00
Just Chips	£1.70
Just Fish	£3.70
Chicken Chow Mein	£5.00
Vegetable Chow Mein (Veggie)	£4.80
Special Fried Rice	£5.50
Mushroom Fried Rice (Veggie)	£4.80

## Social Event

### Social Event - Wed 16th January 2019 at Hereford Rowing Club - 7.30pm

We are pleased to welcome Sean and Kay O'Toole, who have cycled 11,000 miles around the world on a tandem to raise money for charity. They will be giving us an informal talk and presentation in return for a collection for **Cystic Fibrosis Trust**.

They bought a tandem on eBay and wild camped most of the way. Kay was not an experienced cyclist at the start of the ride and kept a diary of their adventures. They are happy to share their experiences with us.

Light refreshments will be available. Use of Rowing Club bar. Free admission - all welcome.

*Valerie Hurrell*  
**Social Secretary**



**HEREFORD & DISTRICT WHEELERS CYCLING CLUB**

## **TURBO TRAINING - WINTER 2018/19**

### **STARTS THURSDAY 04 OCTOBER, 2018**

**THEN EVERY THURSDAY EVENING  
THROUGH TO MARCH 2019**

*(Excluding 3 weeks over the Christmas and New Year period)*

**VENUE;  
SUTTON ST NICHOLAS VILLAGE HALL  
(HR1 3ZS)**

**Entry to hall from 18:45hrs**

**Session starts 19:15hrs prompt with Turbo Training followed by  
stretching and strengthening exercises.**

**Sessions last approximately 1½ hrs.**

**Open to all members of Hereford Wheelers**

*(Non-members can join H&DWCC at the start of a session for a one off payment)*

**& includes tea and biscuits.**

**Use the session to;**

- Support a training programme
- Have an evening ride out, but indoors
- Keep fit during the winter months
- Have a weekly social chat over a cup of tea

**More information from;**

**[coaching@herefordwheelers.com](mailto:coaching@herefordwheelers.com)**

**British Summer Time – Ends; 28.10.18 & Begins; 31.03.19**

## 2018 Sunday Rides

Meet at Steels Westgate, Hereford

Training group ride leaving at 9.15am

Average Speed 15-18mph

Bring plenty of energy bars and drinks

***PLEASE REMEMBER SAFETY FIRST.***

Date and Coffee Stop	Route Description	Mileage
07/10/2018	Hereford, Munstone, Sutton St Nicholas, Morten On Lugg, Burghill, Credenhill, Yazor, Sarnsfield, Kinnersley, Eardisley, Letton, Bredwardine, Moccas, Clehonger, Belmont Hereford.	40
Strand Eardisley		
14/10/2018	Hereford, Belmont, Haywood Lane, Tram Inn, Lock's Garage, Kingstone, Peterchurch, Hay, Clifford, Merback, Bredwardine, Staunton on wye, Moorhampton, Yazor, Credenhill, Stretton Sugwas.	44
Hay		
21/10/2018	Hereford, Credenhill, Sarnsfield, Woonton, Broxwood, Marston, Shobdon, Ledicot, Kingsland, Leominster, Dinmore, Bodenham, Hereford.	44
Shobdon		
28/10/2018	Hereford, Clehonger, Kingstone, Vowchurch, Abbey Dore, Ewyas Harold, Pontrilas, Grosmont, Skenfrith, Harewood End, Hereford.	42
Pengethley Garden Centre		

Riders ride at their own risk

HEREFORD AND DISTRICT WHEELERS CYCLING CLUB

### 10 MILE TIME TRIAL SERIES

### OVERALL POINTS COMPETITION

[illegible]

Best 9 events to count

# HEREFORD AND DISTRICT WHEELERS CYCLING CLUB

## 10 MILE TIME TRIAL SERIES

### WHEELERS POINTS COMPETITION YEAR 2018

#### Best 9 events

POS	NAME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	TOTAL
1	Paul Jones	DNS	100	100	0	0	100	100	100	100	0	100	100	100	98	100	900
2	Daniel Wyatt	99	98	98	98	100	99	99	95	96	0	99	99	99	97	96	890
3	Dean Prosser	97	97	99	100	99	0	95	96	99	0	95	98	97	94	95	882
4	Darron Pratt	96	95	96	99	98	98	97	99	98	0	98	0	96	0	97	879
5	Christie Jones	98	99	98	92	0	97	98	98	97	0	0	0	0	95	0	872
6	Bryn North	0	93	95	97	97	96	94	93	93	0	93	95	98	0	94	859
7	Guy Evans	94	94	94	94	95	0	92	94	94	0	96	96	95	96	92	854
8	Mark Palliser	91	92	92	95	96	0	0	92	95	0	95	97	0	0	0	845
9	Mark Collyer	95	96	89	93	94	94	93	91	92	0	90	93	93	92	93	844
10	Andy Taylor	0	0	0	88	91	95	0	90	0	0	88	94	94	91	92	823
11	Chris Hughes	90	88	90	91	93	0	0	85	91	0	87	88	92	87	89	812
12	Sarah Jones	DNS	90	0	0	0	93	90	87	90	0	86	91	88	90	90	809
13	Simon Geary	0	87	86	85	0	0	0	89	87	0	91	92	86	89	84	792
14	Jim Dicken	83	79	85	89	88	0	86	86	89	0	85	89	91	88	0	791
15	Emma Wyatt	86	85	84	87	89	88	84	82	88	0	83	90	90	86	86	790
16	Dave Cross	88	83	82	85	82	92	85	84	83	0	78	0	84	82	88	772
17	Gaby McDermott	87	0	80	86	84	91	88	0	80	0	79	82	85	78	82	765
18	Ed Hadley	0	80	83	0	86	90	83	83	86	0	80	83	83	80	83	760
19	Martyn Gardiner	81	77	0	77	0	86	80	78	85	0	82	76	81	83	0	732
20	Mike Williams	82	76	0	80	81	87	82	0	82	0	76	78	79	0	0	727
21	Daniel North	0	75	76	76	80	85	81	80	79	0	75	79	78	75	80	718
22	Abigail Hughes	80	73	75	73	79	84	0	77	78	0	74	0	76	0	76	699
23	Brent Lowson	0	0	0	82	0	0	87	0	81	0	77	81	82	81	83	654
24	Clint Welson	86	84	0	83	83	89	89	0	0	0	0	80	0	0	0	594
25	Sarah Lloyd Stephens	84	0	0	0	85	0	0	88	84	0	84	0	89	0	0	514
26	Chris Holt	0	82	81	81	87	0	0	81	0	0	0	84	0	0	0	496
27	Andrew Cottenill	92	91	0	0	0	0	96	97	0	0	97	0	0	0	0	473
28	Pierre Mundell	0	0	78	78	0	0	0	79	0	0	0	0	0	76	81	392
29	Andy Hurrell	0	78	79	79	0	0	0	0	0	0	0	77	77	0	0	390
30	Craig Glinos	0	0	87	90	0	0	91	0	0	0	0	85	0	0	0	353
31	John Wheden	0	0	0	0	0	0	0	0	0	0	81	86	87	0	85	339
32	Valerie Hurrell	0	74	0	71	0	0	0	0	0	0	0	75	75	0	0	295
33	Mark Montez	0	0	0	0	92	0	0	0	0	0	0	0	0	85	91	268
34	Ian Rivers	89	81	88	0	0	0	0	0	0	0	0	0	0	0	0	258
35	Gordon Wathen	0	0	73	0	0	83	0	76	0	0	0	0	0	0	0	232
36	Fiona Mundell	0	0	77	75	0	0	0	0	0	0	0	0	0	0	79	231
37	Sally Jarvis	0	0	72	74	0	0	0	0	0	0	0	0	0	0	78	224
38	Henry Lort	100	0	0	0	0	0	0	0	0	0	0	0	0	99	0	199
39	Logan Mort	0	0	0	0	0	0	0	0	0	0	0	0	0	100	99	199
40	J Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	93	98	191
41	Jonty Williams	0	0	93	96	0	0	0	0	0	0	0	0	0	0	0	189
42	Kevin Coupland	93	90	0	0	0	0	0	0	0	0	0	0	0	0	0	183
43	Michael Kearney	0	0	91	0	0	0	0	0	0	0	92	0	0	0	0	183
44	Adam Morgan	0	86	0	0	90	0	86	80	78	85	0	82	0	0	0	176
45	G Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	84	87	171
46	Guy Harris	0	0	0	0	0	0	0	0	0	0	0	0	80	79	0	159
47	Sue Palliser	0	0	0	0	0	0	0	0	0	0	0	0	73	75	148	
48	Les Haines	0	72	74	0	0	0	0	0	0	0	0	0	0	0	0	146
49	Heather Mathewson	0	0	0	69	0	0	0	0	0	0	0	0	0	0	74	143
50	Chris Moore	0	0	71	70	0	0	0	0	0	0	0	0	0	0	0	141
51	James Morgan	0	0	0	0	0	0	0	0	0	0	89	0	0	0	0	89
52	Billy Thomas	0	DNS	0	0	78	0	0	0	0	0	0	0	0	0	0	78
53	M Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	0	77	77
54	Greg Wsniowski	0	0	0	0	0	0	0	0	0	0	0	0	0	77	0	77
55	Julie Montez	0	0	0	0	0	0	0	0	0	0	0	0	0	74	0	74
56	Jack Prosser	0	0	0	72	0	0	0	0	0	0	0	0	0	0	0	72
	NO. OF RIDERS	19	27	28	29	20	15	19	22	21	0	27	25	26	28	47	353

Best 9 events to count



**HEREFORD AND DISTRICT WHEELERS CYCLING CLUB****10 MILE TIME TRIAL SERIES****OVERALL FEMALE POINTS COMPETITION****YEAR 2018**

POS	NAME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	TOTAL
1	Christie Jones	50	50	50	49	0	50	50	50	50	0	0	0	0	50	0	449
2	Gaia Mazza	49	48	48	50	49	0	48	49	0	0	0	50	49	48	50	440
3	Sarah Jones	DNS	47	0	0	0	48	49	47	49	0	50	49	46	47	49	435
4	Emma Wyatt	45	46	46	47	48	44	44	46	46	0	47	48	48	45	47	421
5	Roxy Woodfield	48	45	0	0	43	45	47	0	47	0	49	45	43	44	48	416
6	Gaby McDermott	46	0	45	46	46	47	46	0	42	0	45	46	44	42	46	411
7	Abigail Hughes	42	40	42	42	41	43	0	44	40	0	43	0	41	0	43	381
8	Clare Evans	0	42	0	0	45	0	45	0	48	0	46	47	45	46	0	317
9	Katie Price	0	49	49	0	50	49	0	0	0	0	0	0	50	49	0	296
10	Sarah Lloyd Stephens	44	0	0	0	47	0	0	48	45	0	48	0	47	0	0	279
11	Robyn Dent	47	44	47	48	0	47	0	45	0	0	0	0	0	0	0	278
12	Liz Davies-Ward	43	0	44	45	0	0	0	0	43	0	44	0	0	0	0	219
13	Fiona Mundell	0	0	43	44	0	0	0	0	0	0	0	0	0	0	45	132
14	Sally Field	0	43	0	0	44	0	0	0	0	0	0	0	0	0	44	131
15	Janet Harris	0	0	0	0	0	0	0	0	44	0	0	0	42	43	0	129
16	Valerie Hurrell	0	41	0	41	0	0	0	0	0	0	0	44	40	0	0	122
17	Sally Jarvis	0	0	41	43	0	0	0	0	0	0	0	0	0	0	0	84
18	Emma Murphy	0	0	0	0	42	0	0	0	41	0	0	0	0	0	0	83
19	Sue Palliser	0	0	0	0	0	0	0	0	0	0	0	0	0	40	42	82
20	Heather Mathewson	0	0	0	39	0	0	0	0	0	0	0	0	0	0	41	80
21	Alison Turner	0	0	0	40	0	0	0	0	0	0	0	0	39	0	0	79
22	Julie Montez	0	0	0	0	0	0	0	0	0	0	0	0	0	41	0	41

	NO. OF RIDERS	10	11	10	12	10	8	7	7	11	0	8	7	12	11	10	134
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Best 9 events to count

**HEREFORD AND DISTRICT WHEELERS CYCLING CLUB****10 MILE TIME TRIAL SERIES****WHEELERS FEMALE POINTS COMPETITION****YEAR 2018****Best 9 events**

POS	NAME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	TOTAL
1	Christie Jones	50	50	50	50	0	50	50	50	50	0	46	0	0	50	0	450
2	Sarah Jones	DNS	49	0	0	0	49	49	48	49	0	50	50	48	49	50	443
3	Emma Wyatt	48	48	49	49	50	47	47	47	48	0	48	49	50	48	49	440
4	Gaby McDermott	49	0	48	48	48	48	48	0	46	0	47	48	47	47	48	432
5	Abigail Hughes	46	46	46	45	47	46	0	46	45	0	0	0	46	0	45	413
6	Sarah Lloyd Stephens	47	0	0	0	49	0	0	49	47	0	49	0	49	0	0	290
7	Valerie Hurrell	0	47	0	44	0	0	0	0	0	0	0	47	45	0	0	183
8	Fiona Mundell	0	0	47	47	0	0	0	0	0	0	0	0	0	0	47	141
9	Sally Jarvis	0	0	45	46	0	0	0	0	0	0	0	0	0	0	46	137
10	Sue Palliser	0	0	0	0	0	0	0	0	0	0	0	0	0	45	44	89
11	Heather Mathewson	0	0	0	43	0	0	0	0	0	0	0	0	0	0	43	86
12	Julie Montez	0	0	0	0	0	0	0	0	0	0	0	0	0	46	0	46

	NO. OF RIDERS	6	5	6	8	4	5	4	5	6	0	5	4	6	6	8	78
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Best 9 events to count

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